

Dijon Crab Salad

Ingredients

1/2 lb lump crabmeat
1 tbsp carrots, shredded
1/3 cup celery, diced
1/3 cup cucumber, sliced thin
1/4 cup apple with skin, diced
Romaine Lettuce Leaves

Dijon Dressing:

1 cup salad oil
1/4 cup Dijon mustard
1/4 cup white wine tarragon vinegar
1/2 tsp garlic, minced
1/2 tsp parsley, chopped

Directions

Gently toss together crabmeat, vegetables and apple. Serve salad on a bed of romaine lettuce.

Mix together all the dressing ingredients. Stir until blended.

Serve salad with dressing.

Get Fresh

Reading, PA

610-670-2500

adelphiaseafood.com

