

Parmesan Crusted Grouper

Ingredients

4 Grouper Fillets, 6 oz each
1/2 cup bread crumbs
1/2 cup grated Parmesan cheese
1 tbsp fresh chopped Parsley
1 tsp granulated Garlic
Salt & Pepper to taste
1/4 cup melted butter

Directions

Season Grouper with salt and pepper. Pre-heat oven to 400°

Combine bread crumbs, grated parmesan, chopped parsley, garlic, salt, and pepper. Mix in enough melted butter to make the mixture evenly moist, but not runny or greasy.

Place Grouper fillets on a lightly greased shallow baking pan. Coat each fillet on the top only with the parmesan crust. Bake until the crust is lightly browned and crispy.

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