Lemon Stuffed Grilled Bronzino

Ingredients

4 each whole Bronzino (scaled, gutted with head and tail removed)
Salt & black pepper

4 thyme sprigs

4 bay leaves

2 lemons—1 thinly sliced, 1 in wedges 1 tbsp extra virgin olive oil Fresh chopped parsley, if desired

Directions

Preheat grill or grill pan. Season the fish cavities with salt and black pepper. Stuff each cavity with thyme sprig, bay leaf and 2 lemon slices. Rub the outside of the fish with olive oil, salt & pepper.

Grill fish over high heat, turning once, until browned & crisp and just cooked through, about 7 minutes per side. Serve immediately with lemon slices.

