

Mom's Baked Salmon

Ingredients

2 Salmon portions, 5 oz each
1 clove Garlic, minced
6 tbsp Light Olive Oil
1 tsp Dried Basil
1 tsp Salt
1 tsp ground Black Pepper
1 tbsp fresh Lemon Juice
1 tbsp fresh Parsley, chopped

Directions

In a bowl, prepare marinade: mix garlic, olive oil, basil, salt, pepper, lemon juice & parsley. Place salmon in bowl or resealable bag and marinade for 30 minutes to 1 hour, turning occasionally.

Preheat oven to 375. Place fish in aluminum foil and cover with marinade. Seal fish and marinade to create a pouch/bag. Place foil bag in an oven proof dish and bake for 35-35 minutes. Fish will flake easily with a fork when done.

Enjoy!

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