

Grilled Mediterranean Ahi Tuna

Ingredients

1 lb tuna steaks
1 tbsp extra virgin olive oil
1/2 tsp kosher salt
1/2 tsp fresh lemon juice
1/4 tsp cracked black pepper
1/2 tsp chopped fresh oregano
1/4 tsp red pepper flakes
1 tsp finely chopped fresh basil
1 clove minced garlic

Directions

Preheat grill over medium high heat. Place tuna steaks in shallow dish.

Mix all spices with oil and lemon juice in small bowl with a fork or whisk. Allow to rest for 5 minutes to blend together.

Brush mixture on both sides of tuna. Allow steaks to rest another 5 minutes.

Grill tuna for 2-5 minutes per side to attain desired doneness.

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