

# Grilled Seared Tuna Steak

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## Ingredients

1 lb Fresh Tuna Loin, cut into serving size pieces  
6 tbsp white sesame seeds, toasted  
6 tsp black sesame seeds, toasted

## Directions

Preheat grill to medium-high heat. Lightly oil grill grates to prevent sticking. Mix black and white sesame seeds in a bowl. Press tuna into sesame seeds to coat.

Cook tuna approximately 2-3 minutes per side, or until desired level of doneness.

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